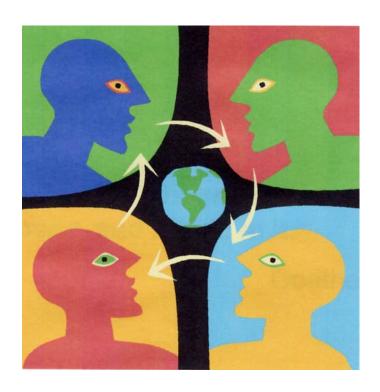
# The Art and Practice of Appreciative Inquiry



Lane A. Glenn

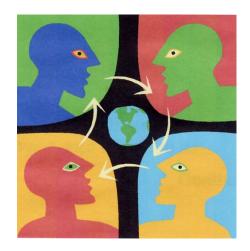




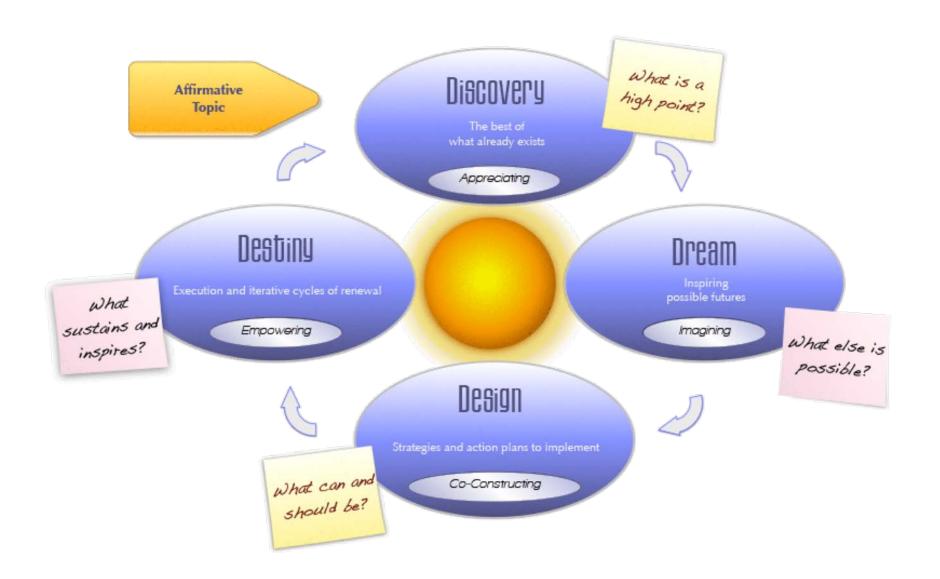
#### Introductions

#### Turn to a neighbor and share with them:

- Your Name
- Your Role
- Some "Good News" from the past week



#### The Four D's



## The Poetic Principle: We Can Choose What We Study



People, teams and organizations, like open books, are endless sources of study and learning.

What we choose to study makes a difference. It describes—even creates—the world as we know it.

- 1. Brainstorm a list of problems/challenges you frequently encounter in your practice.
- 2. Now choose 2-3 and "reframe" them, describing what you want *more* of.



## The Positive Principle: Positive Questions Lead to Positive Change

The more generative and affirmative the question, the more positive the action, the greater the possibility for positive outcomes.



## Safe and Healthy Futures for Children Through Safety Organized Practice

An Appreciative Inquiry

- See Inquiry Guide at your table.
- In a minute, you will take turns being an interviewer/interviewee for 10 minutes, then switch roles for another 10 minutes.
- Role of interviewer and interviewee.
- Help each other keep track of time.
- Take some notes.
- Review the questions: What stories will you tell?
- Now, pair up with someone (a pair = TWO!)

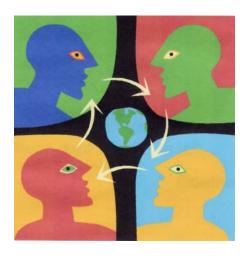
#### **Discuss**

What was that process like for you?



### **Sharing Stories**

• Take turns briefly (1-2 minutes each) sharing the high points of *your partner's* stories.



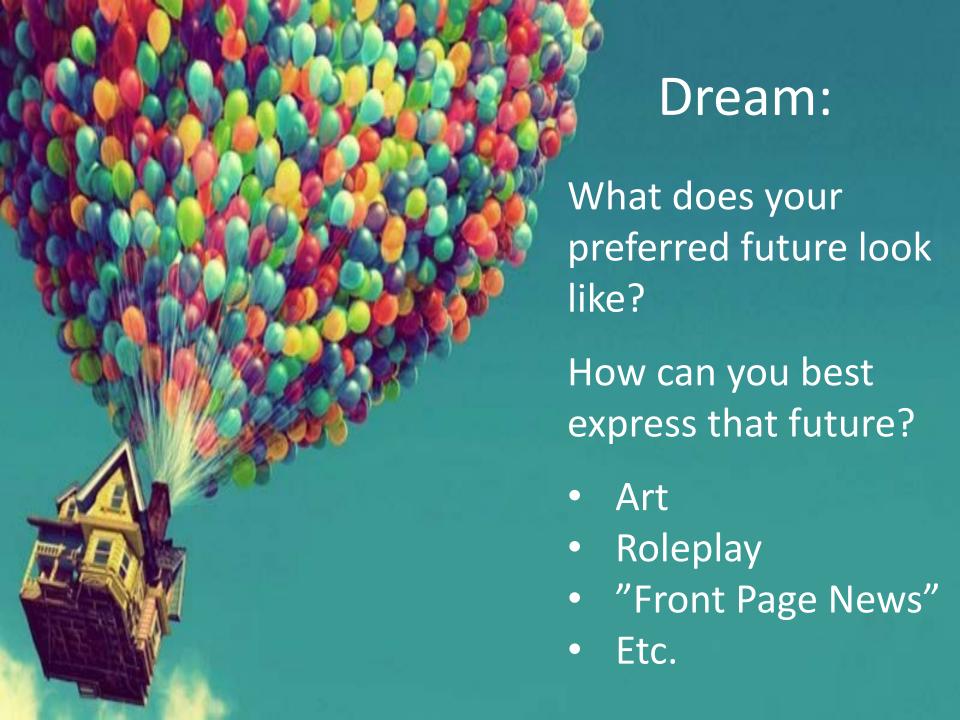
#### **Highest Point of Vitality**

- What theme did you find that you have most in common?
- What topic gave you the greatest energy?
- What idea do you most want to try today?



#### SOAR-ing!

- **Strengths:** What are our *strengths* in this area? What's working? What are our greatest assets/resources?
- Opportunities: What opportunities for growth or change do we have in this area? What can we do more of, or do differently?
- Aspirations: What are our highest aspirations in this area? What does our preferred future look like? When this area is at its best, how will it be different?
- **Results:** What results do we expect for our efforts? How will we know we have succeeded? What will we measure?



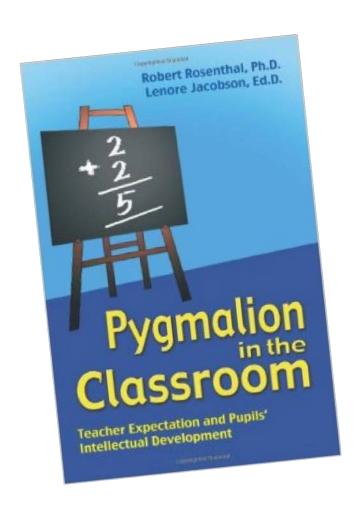


- Requests
- Strategies



- Evolving into your preferred future
- Continual adjustment and alignment
- Asking new generative questions
- Repeat...

#### Remember the "Pygmalion Effect"



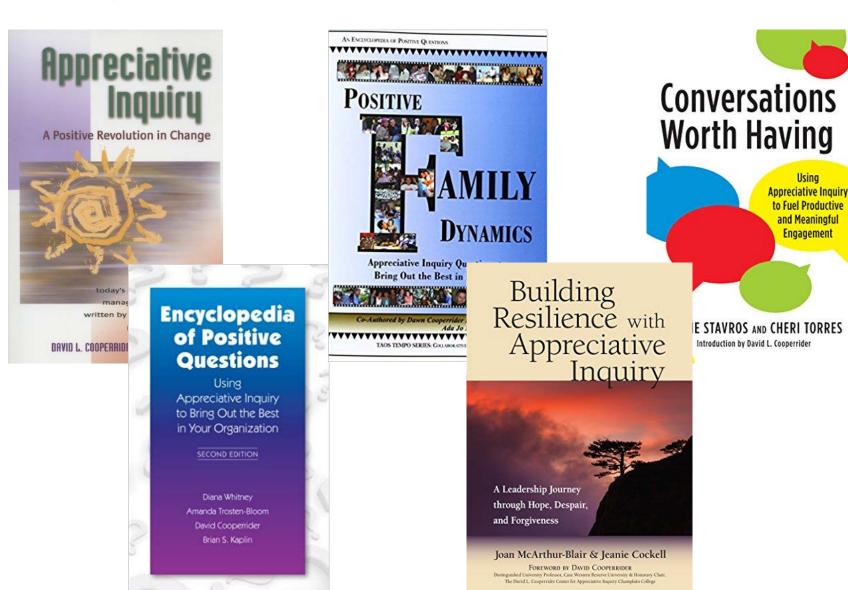


### "Tracking and Fanning"

- Gervasse Bushe: "Create change by paying attention to what you want more of, rather than paying attention to problems."
- Tracking: Constantly looking for what you want more of.
- Fanning: Any action that amplifies, encourages, and helps you to get more of whatever you are looking for.



#### **Appreciative Inquiry Resources**



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Q & A



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